

*Student
Development*

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There are no degree or certificate programs in Counseling at the two-year college level. The courses described below are taught by counselors to help students decide on a career and to meet their educational goals.

COURSE DESCRIPTIONS

The following abbreviations are commonly used in the course descriptions: **lect** lecture; **lab** laboratory; **demo** demonstration; **Repeat** repeatability (see policy on course repetition); **CCS** Course Classification System. Hours given in parentheses are total hours for the course. Hours lecture, lab, etc., are hours required per week usually. **Offered:** F=course is offered fall semester; S=course is offered spring semester; SS=course is offered summer session. If there is no designation, the course is offered irregularly. Check with the department for information. Many classes are offered occasionally during the summer. Check the summer class schedule for additional course listings. Prerequisites are expressed as minimum requirements. (CSU) indicates transferable to California State Universities; (UC) indicates transferable to University of California.

STUDENT DEVELOPMENT

STDV B1 Educational Planning (0.5 unit)

Designed to assist students in understanding college requirements and to help them in making educational plans. Required for both the A.A. and A.S. degrees. Satisfies the 0.5 unit educational planning requirement for graduation from Bakersfield College. **Recommended:** Reading Level 5 or 6. **Hours:** (9) 9 lect. **Offered:** F, S. **CCS:** Liberal Arts & Sciences. **Transferable:** CSU and private colleges. Elective credit only. Note: Not open to students who have taken the equivalent course, STDV B201.

STDV B2 Career Decision Making and Educational Planning (1.5 units)

An introduction to career search and strategies. Provides an overview of the career decision-making process including goal setting, decision making and researching the job market. Educational plans, college policies and procedures, as well as the transfer process and Associate Degree and certificate requirements are covered. Satisfies the 0.5 unit educational planning requirement for graduation from Bakersfield College. **Recommended:** Reading Level 5 or 6. **Hours:** (27) 3 lect/disc for 9 weeks. **Offered:** F, S. **CCS:** Liberal Arts & Sciences. **Transferable:** CSU and private colleges. Elective credit only.

STDV B3 Career Decision Making, Educational Planning, and Job Search Strategies (3 units)

Assists students in choosing a career, selecting a major, and developing an educational plan. Includes overview of the career decision making process, college policies and procedures, certificate, associate degree and transfer requirements. Also provides an introduction to job search strategies. Assessment and exercises enable students to become more aware of interests, values, and skills in order to set and achieve career and educational goals. Satisfies the 0.5 unit educational planning requirement for Bakersfield College. **Recommended:** Reading Level 5 or 6 and English Level 4. **Hours:** (54) 3 lect/disc. **CCS:** Liberal Arts & Sciences. **Transferable:** CSU and private colleges. Elective credit only.

STDV B4 Introduction to College for International Students (1 unit)

Designed to give international students a practical training in studying effectively, the techniques for survival within the college setting, and making their educational plan for college studies. Satisfies 0.5 unit educational planning requirement for graduation from Bakersfield College. **Recommended:** Reading Level 5 or 6. **Hours:** (18) 2 lect/disc for 9 weeks. **CCS:** Liberal Arts & Sciences. **Transferable:** CSU and private colleges. Elective credit only.

STDV B6 Tools for College Survival (2 units)

Increases students' probability of success in college by helping students obtain skills necessary to reach their educational objective. Provides the opportunity for students to learn and adapt skills proven to promote success in college, including study skills and personal life skills. Also includes graduation requirements as well as admission and transfer requirements. Satisfies 0.5 unit educational planning requirement for graduation from Bakersfield College. **Recommended:** Reading Level 5 or 6. **Hours:** (40.5) 3 lect for 13.5 weeks. **Offered:** F, S. **CCS:** Liberal Arts & Sciences. **Transferable:** CSU and private colleges. Elective credit only.

STDV B51 Job Search Strategies (1 unit)

Assisting students with job search skills. Guidance through the job search process including strategies for skills identification, marketing techniques, resume writing and cover letters, job search strategies, and interviewing skills. **Hours:** (18) 2 lect/disc for 9 weeks. **CCS:** Liberal Arts & Sciences. **Not Transferable:** Associate Degree only.

STDV B53 Single Parent Preparatory Education (3 units)

Prepares single parents for a return to education. Emphasis is on improving self-esteem, communication and basic and learning skills. **Recommended:** English Level 3 or evaluation by instructor. **Hours:** (135) 9 lect/disc for 15 weeks. **CCS:** Precollegiate- basic skills. **Not Transferable:** Not degree applicable.

STDV B55a Strategies for College Success (1 unit)

Strategies to assist students to be successful in their college careers. To enhance their probability of success, students will learn communication skills, stress reduction, self-esteem education, goal achievement, problem solving, and the ability to focus their energy and think positively about school.

Hours: (18) 1.5 lect/disc for 12 weeks. **Repeat:** 3. **Offered:** F, S. **CCS:** Precollegiate - basic skills. **Not Transferable:** Not degree applicable.

STDV B74m A Positive Attitude Towards Math (0.5 units)

Designed for students who have an inhibiting fear which precludes their success in the study of mathematics, this course explores attitudes towards mathematics through journal writing and class discussion; teaches problem-solving approaches using both the right and left brain, and assists students in reducing their level of math anxiety. **Hours:** (9) 1 lect for 9 weeks. **CCS:** Precollegiate - basic skills. **Not Transferable:** Not degree applicable.

STDV B201 Educational Planning (0.5 unit)

Designed to assist students in understanding college requirements and to help them in making educational plans. Required for both the A.A. and A.S. degrees. Satisfies the 0.5 unit educational planning requirement for graduation from Bakersfield College. **Recommended:** Reading Level 5 or 6.

Hours: (9) 9 hours arranged. Open entry/open exit. **Offered:** F, S. **CCS:** Liberal Arts & Sciences. **Transferable:** CSU and private colleges. Elective credit only. Note: Not open to students who have taken the equivalent course, STDV B1.