IT IS THE STUDENT’S RESPONSIBILITY to make sure that all components of the physical examination are completed, scanned and uploaded to their electronic portfolio.

Students must submit a physical exam and results must be recorded on the Physical Exam form found on the Allied Health website at [https://www.bakersfieldcollege.edu/allied-health/student-pages](https://www.bakersfieldcollege.edu/allied-health/student-pages)

All required immunization and health forms can also be located at this website.

Physical exams can be performed at the BC Student Health & Wellness Center, at no cost, once you are a registered student. Please contact them at (661) 395-4336 for further information.

Physical Examination Requirements:
- A two-page Physical Exam form provided by the school must be completed:
  - Must be signed by student
  - All fields must be filled in by your medical professional; a check mark or dash is not acceptable in any field. Please use an X.
  - Must be signed and dated by your medical professional

***PLEASE NOTE***
If your medical professional lists any Currently Prescribed Medications or Existing Medical Conditions on your Physical Examination form, your form will be rejected by Certified Background pending review by the Dean of Nursing/Allied Health. Once the form is rejected, please contact the Allied Health Office at (661) 395-4281 immediately to request a review of your form.

Once you have completed your physical exam, scan and upload both pages of the physical to your electronic portfolio. There is a scanner available in the Nursing/Allied Health Computer Lab (MS-165) for students to upload documents to their electronic portfolio.

Immunization requirement details are on the following page.
BAKERSFIELD COLLEGE
NURSING/ALLIED HEALTH PROGRAMS

PHYSICAL EXAMINATION AND IMMUNIZATION GUIDELINES

Immunization Requirements Include:

1. **TB Test**
   One of the following is required (demonstrated by immunization record OR lab report OR physician verification of results on school form):
   - Negative T-Spot (AKA QuantiFERON Gold)
   - (Two-Step) Two negative tuberculosis skin tests must be administered **three weeks apart** within three months prior to entering the program in Spring (1/1 – 5/31) or Fall (8/1 – 12/31). If you are entering program in the Summer (6/1 – 7/31) then two negative tuberculosis skin tests must be administered **one week apart** within three months prior to entering the program OR
   - Clear chest X-ray and a TB Questionnaire

   **Both TB skin test results must be negative, indicating freedom from active tuberculosis.**
   If a TB test is positive, you must complete the following two steps:
   - Submit documentation of a clear chest X-ray (demonstrated by immunization record OR lab report OR physician verification of results on school form).
   - Complete an annual TB Questionnaire (provided by the school).

2. **Rubella (MMR)**
   One of the following is required (demonstrated by immunization record OR lab report OR physician verification of results on school form):
   - Two MMR vaccinations OR Two rubella vaccinations OR
   - One MMR vaccination within the past two years OR One rubella vaccination within the past two years OR
   - Positive immunity titer

3. **Varicella (Chicken Pox)**
   One of the following is required (demonstrated by immunization record OR lab report OR physician verification of results on school form):
   - One varicella vaccination OR Positive immunity titer

   Previous illness will not be accepted as proof of immunity. You will be required to get an immunity titer, if titer is negative, you will need to get the vaccination.

4. **Hepatitis B**
   One of the following is required (demonstrated by immunization record OR lab report OR physician verification of results on school form):
   - Three Hep B vaccinations OR Positive surface antibody titer OR
   - Signed declination form

   If the series is in progress, additional requirements will be added to your To-Do List.

5. **Tetanus, Diphtheria & Pertussis (Tdap)**
   One of the following is required (demonstrated by immunization record OR lab report OR physician verification of results on school form):
   - One Tdap vaccination within the past ten years OR Positive immunity titer OR
   - Signed declination form

6. **Seasonal Influenza**
   One of the following is required (demonstrated by immunization record OR physician verification of results on school form):
   - Documentation of a current flu vaccination OR
   - Signed declination form

Revised: July 2015