



Kinesiology

Degree

Kinesiology, Associate in Arts for Transfer

Kinesiology

Associate in Arts Degree for Transfer

The Associate in Arts in Kinesiology for Transfer (AA-T) is intended for all students who plan to complete an Associate in Arts in Kinesiology. This degree is especially valuable for those students planning on completing a bachelor's degree in Kinesiology at a CSU campus because the Associate in Arts in Kinesiology for Transfer guarantees admission to the CSU system (but not to a particular campus or major).

Students transferring to a CSU campus that does accept the Associate in Arts in Kinesiology for Transfer will be required to complete no more than 60 units after transfer to earn a bachelor's degree (unless the major is a designated "high-unit" major).

This degree may not be the best option for students intending to transfer to a particular CSU campus or to university or college that is not part of the CSU system. Students should consult with a counselor when planning to complete the degree for more information on university admission and transfer requirements. This degree eliminates the additional Bakersfield College graduation requirements.

Requirements for AA-T or AS-T degrees:

The completion of 60 semester units that are eligible for transfer to the California State University, including both of the following:

- The Intersegmental General Education Transfer Curriculum (IGETC) or the California State University – Breadth Requirements.
- A minimum of 18 semester units in a major area of emphasis, as determined by the district.

Total Units: 21-24

Required Courses

Course #	Name	Units
BIOL B32	Human Anatomy and Physiology I	4.0
BIOL B33	Human Anatomy and Physiology II	4.0
PHED B42	Introduction to Kinesiology	3.0

Movement Based Courses - Select 3 from the following courses

PHED B2SB	Aquatics: Beginning Swimming	1.0
PHED B3ADP	Adaptive Physical Education	1.0
PHED B6A	Coeducational Team and Individual Activity: Archery	1.0
PHED B6BB	Coeducational Team and Individual Activity: Basketball	1.0
PHED B6BLB	Coeducational Team and Individual Activity: Beginning Ballet	1.0
PHED B6FCX	Coeducational Team and Individual Activity: Fitness Center	1.0
PHED B6G	Coeducational Team and Individual Activity: Golf	1.0
PHED B6JD	Coeducational Team and Individual Activity: Jazz Dance	1.0
PHED B6SC	Coeducational Team and Individual Activity: Soccer	1.0
PHED B6T	Coeducational Team and Individual Activity: Tennis	1.0

- The obtainment of a minimum grade point average of 2.0.
- The completion of all courses required for the major with a 'C' or better. A 'P' (Pass) grade is not acceptable for courses in the major.

Program Learning Outcomes

Upon successful completion, the student will:

- analyze the history, research, and current information in Kinesiology and their current applications.
- demonstrate and explain the basic anatomy and physiological principles at work in both sport performance and general fitness activities.
- demonstrate an understanding of the value and significance of physical activity for human development, human interactions and quality of life.
- demonstrate and describe the primary aspects of injury and trauma response as a first responder.
- recognize the principles of physical fitness development and maintenance as well as the body's responses to physical activity.

PHED B6WT	Coeducational Team and Individual Activity: Weight Training	1.0
PHED B6V	Coeducational Team and Individual Activity: Volleyball	1.0
PHED B32	Shape Up	3.0
<i>List A - Select at least 7 units from the following:</i>		
MATH B22	Elementary Probability and Statistics or	4.0
PSYC B5	Elementary Statistics for the Behavioral and Social Sciences	4.0
CHEM B11	Introduction to General, Organic, and Biochemistry	5.0
PHYS B2A	General Physics-Mechanics and Heat	4.0
PHED B36	First Aid and CPR	3.0

Category

Units in Major	21-24
CSU GE Breadth	37-39
Possible double counting of GE's	7-10
Degree Total	60.0